



February Parents Meeting
Uganda 2025

Itinerary

- Flights booked/paid for
- Accommodation booked/deposit paid
- Safari Booked/deposit paid



Tweaks to Kampala stay because we can't all stay in one place but nothing major

Money is about to be sent for the repair and maintenance of the accommodation in the two schools, one will still be pretty basic

We will be starting visa applications after Easter – please bring in passports and yellow fever certificates

Itinerary (outward)

Sunday 29th June - **Students to be dropped off 00:00 - 00.30** (as in SATURDAY night!) at RLS
(Coach leaves at 01:00, stops in Taunton Dean services and arrives at Heathrow 06:00)
Our flight leaves at 11.25 from Heathrow arriving 17:15 at Istanbul on flight Turkish Airlines TK1980.
Departs Istanbul 18:35 arrives Entebbe 03:50 flight Turkish Airlines TK569 on Monday 30th June



School attendance is a priority please, because of the drop in whole school attendance since COVID, this is the last year we have been allowed to miss so much school – future trips will miss a maximum of 5 ‘school’ days. All students should be aiming for 95% attendance and we will be contacting teachers to take work with us if needed.

11:20
LHR
London



03:40 Next day
EBB
Entebbe

Itinerary details ▾

Economy

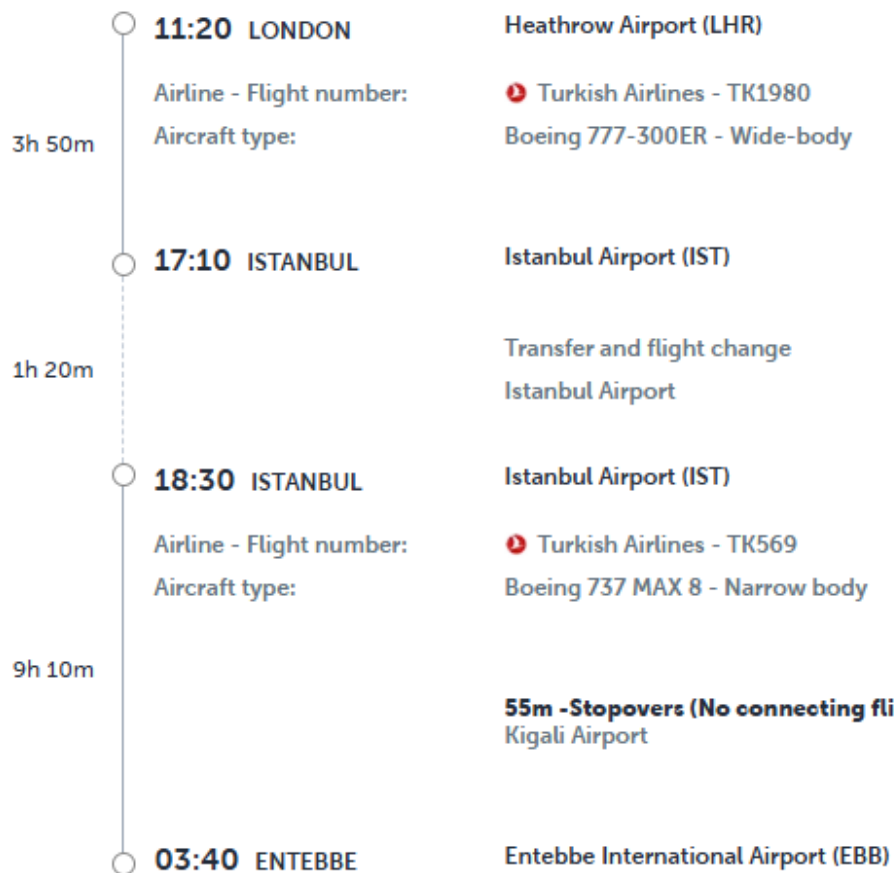
Per passenger
GBP 1,123^{.62}
3 left at this price

Business

Per passenger
GBP 2,243^{.52}
4 left at this price

Total travel duration 14h 20m Aircraft type: Boeing 777-300ER - Wide-body
Stop ⌚ 55m - KGL

Flight details



Last year we were delayed by one hour at Heathrow – and our hold luggage was left in Istanbul...

Itinerary (Return)

Get to Entebbe airport at 00:00 Thursday 24th July for
Flight to Istanbul at 06:00.

Arrives in Istanbul 13:00 Turkish Airlines flight TK606

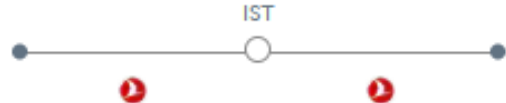
Leave Istanbul at 14:55 arriving at Heathrow at 16:50

Turkish Airlines flight TK1971

ETA at RLS 00:00



06:00
EBB
Entebbe



16:40
LHR
London

Itinerary details

Economy

Best price

Per passenger

GBP 380^{.50}



Business

Per passenger

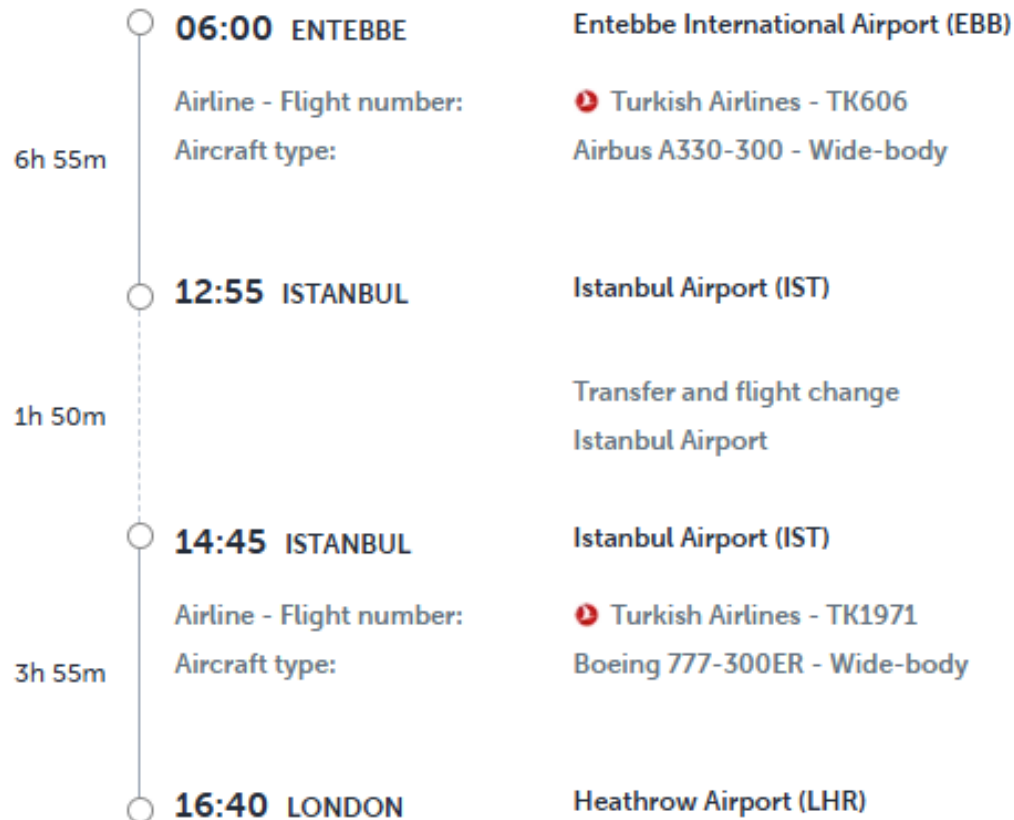
GBP 1,276^{.40}



4 left at this price

Total travel duration 12h 40m Aircraft type: Airbus A330-300 - Wide-body

Flight details



Vaccinations:

Please consult your medical practice as soon as possible to begin vaccinations.

Prices below are estimates.

1. **Yellow Fever** - In order to enter the country each traveller **must have** a yellow fever certificate of vaccination - **approx. £60 - £75**
2. **Rabies** – approx. **£70 - £100** per dose (typically 3 given)
3. **Men ACWY** (covers multiple strains of meningitis) – **approx. £55**
4. **Typhoid** – approx. **£35**
5. **Hepatitis A and B** – **Free** on NHS if you get it done **early** enough otherwise **approx. £50** per vaccine dose
6. **Polio, tetanus, diphtheria**– **Free** on NHS if required
7. **Antimalarials** – Malarone is the most popular medication. Supermarket equivalent tablets are a cheaper source.

Vaccinations and anti-malarial medication



Name: _____

Please tick to confirm the vaccinations your child has received. The list below is to show common vaccinations for the trip. Your child may not need all of the below. Medical advice should be taken from your child's doctor or travel nurse. **Some vaccinations have a limited supply and there is a large group taking part in the Uganda trip this year. Please contact your medical professional in good time to ensure all relevant vaccinations are available for your child.**

Vaccine	Please tick if your child has had the vaccine	Date of vaccination (if known)
Yellow Fever <i>A yellow fever certificate is required for entry to Uganda. (Please bring the Yellow Fever certificate to school as soon as possible. A copy of it is required to apply for your child's visa.)</i>		
COVID 19		
Hepatitis A		
Hepatitis B		
Typhoid		
Tetanus		
Polio		
Rabies		
Measles, mumps, rubella (MMR)		
Meningitis		
Cholera		
Any others, please add:		

Please tick the relevant box to indicate the name of the anti-malarial medication your child will be taking for the visit.

Anti-malarial medication	Please tick the relevant box
Malarone (or Maloff)	

Vaccinations

- ▶ **Confirm primary courses and boosters are up to date as recommended for life in Britain** - including for example, [seasonal flu vaccine](#) and [COVID-19](#) (if eligible), [MMR](#), vaccines required for occupational risk of exposure, lifestyle risks and underlying medical conditions.
- ▶ **Courses or boosters usually advised:** Diphtheria; Hepatitis A; Poliomyelitis; Tetanus; Yellow Fever.
- ▶ **Other vaccines to consider:** Hepatitis B; Meningococcal Meningitis; Rabies; Typhoid.
- ▶ **Selectively advised vaccines - only for those individuals at highest risk:** Cholera.
- ▶ **Yellow fever vaccination certificate required** for all travellers aged 1 year or over.

What do I need to know before I travel?



Information on how to stay safe and healthy abroad. [About us.](#)



Search



i [Travel Health Advice](#)

- ▶ [Before You Travel](#)
- ▶ [Malaria](#)
- ▶ [Yellow Fever](#)

Current popular advice pages:

- ▶ [Staying Healthy if Travelling Abroad](#)
- ▶ [Travelling Abroad to Attend Festivals](#)
- ▶ [Mosquito Bite Avoidance](#)
- ▶ [Food and Water Recommendations](#)

News

▶ 24 Jan 2025 - WHO certifies Georgia as malaria-free

Vaccinations

- ▶ **Confirm primary courses and boosters are up to date as recommended for life in Britain** - including for example, [seasonal flu vaccine](#) and [COVID-19](#) (if eligible), [MMR](#), vaccines required for occupational risk of exposure, lifestyle risks and underlying medical conditions.
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- ▶ **Yellow fever vaccination certificate required** for all travellers aged 1 year or over.

Travel Clinic

Get your travel vaccinations and medication.

Book Now

Vaccines

Vaccine	Per Dose	Doses per course	Price per course
Cholera vaccination	£34.00	2	£68
Hepatitis A and B vaccination	£85	3	£255
Hepatitis A vaccination	£63	1	£63
Hepatitis B vaccination	£52	3	£156
Japanese Encephalitis Vaccination	£109	2	£218
Measles, Mumps, and Rubella vaccination	£45	1-2	£45-£90
Meningitis ACWY Vaccination	£57	1	£57
Polio, diphtheria & tetanus vaccination	£38	1	£38
Rabies vaccination	From £74 to £110 per dose	3	£222 to per £330 per
Tick borne Encephalitis vaccination	£65	3	£195

Price list

Consultation fee:

A consultation fee²³ may apply at a cost of £20, should you choose not to receive the vaccines and/or antimalarials recommended for you and your trip consultation.

Vaccination Price Guide:

Cholera (oral, price for full course of 2)

Price per dose: £34
Number of doses required: 2
Total price: £68

Combined Diphtheria, Tetanus and Polio

Price per dose: £38
Number of doses required: 1†
Total price: £38

Hepatitis A

Price per dose: £63
Number of doses required: 1†
Total price: £63

Hepatitis B

Price per dose: £52
Number of doses required: 3
Total price: £156

Hepatitis B (paediatric)

Price per dose: £27.00

Medication

We don't need to take in medication unless students need support in taking it, or are worried it will be lost or forgotten (for instance antibiotics which need to be taken with every meal).

Students should carry some Antimalarials in their hand luggage, and some in their main luggage. If they lose any of it they should let us know immediately.

It's best to take the first 'Malarone' (if taking that type) on the day we leave at 9am, we then remind students every morning to take it.

We do need to know what medication they are taking in case of emergency so please include everything on the medical record form.

Prices

Medicine prices

[Prescription fee](#)

[Compare prices](#)

[Delivery](#)

Quantity (trip length)	Generic Malarone cost	GSK Malarone cost
16 tablets (1 week trip)	£23.20	£46.90
23 tablets (2 week trip)	£33.50	£63.10
30 tablets (3 week trip)	£43.50	£79.30
37 tablets (4 week trip)	£53.65	£95.50
44 tablets (5 week trip)	£66.00	£114.40
51 tablets (6 week trip)	£73.95	£132.60
65 tablets (8 week trip)	£97.50	£170.10
93 tablets (12 week trip)	£134.85	£218.55
193 tablets (6 month trip)	£279.85	£450.00

Prices of branded and generic Malarone from Dr Fox (in stock)

[Price match guarantee](#)

Prescription issued online - small [prescription fee](#) per order.

Start order



Other medication and contact information:

For individual medical conditions and medication please see medical staff (Jenny Griffiths/Sally Wright) so we have a clear view of medical/medication needs.

We take a range of over-the counter medication with us, please let us know of any specific allergies/issues

We use medical and contact information as held on our school Information's system (SIMS) so *please make sure this is up to date.*

All medical issues and medication given are logged in our medical book and we will always contact parents/carers for anything other than a very minor illness/injury.

If parents/carers may be on a different emergency contact number for the duration of the trip, please let us know.

Large First Aid Bag – GOLD TEAM

***Needle kits x6 ***

***Extra anti-malarial (malarone) tablets for students who may forget or lose their tablets during the trip. ***

- SMIDGE/DEET (50%) X2 large bottle
- Travel sickness tablets (Hyoscine hydrobromide) x 2 pkts
- Ibuprofen X 5 pkts
- Paracetamol X 10 pkts
- Antihistamine (cetirizine) tablets X3 pkts
- Lanacane sting cream x1
- Savlon cream x1
- Sudocrem x 1
- Antifungal (Clotrimazole) cream 1% x 1
- Imodium (loperamide) x 2 pkts
- Rehydration sachets x50
- Bonjella

- Sterile wipes x100
- Burns dressings x2
- Eye pads x4
- Eye wash (mini steripods) x10
- Plaster packs x5 boxes – mixture of types
- Mepore dressings medium x1 large box
- Triangular bandages x2
- Foil blankets x2
- Cool packs (that break to turn cold) x20
- Gloves x10 pairs
- Adhesive tape medium x5
- Bandages medium and large
- Finger bandages x2
- Blister dressings x2
- Tissues

- Scissors x3
- Thermometer (digital)
- Sick clean up powder
- Sick bags x40
- Antibacterial hand gel pumps (large x5, small x10)
- Wet wipes x1
- Sun cream factor 50 x 1
- After sun x 1
- Sanitary towels x 1
- Tampons x1
- A5 book (lined)
- Copy of the medical needs for the students
- Pens x10
- First Aid Manual

Deet vs Smidge

N,N-Diethyl-m-toluamide.

DEET interferes with neurons and receptors located on the mosquito's antennae and mouth-parts that detect chemicals such as lactic acid and carbon dioxide.

When applied correctly, DEET forms a vapor barrier at the skin surface that deters mosquitoes from landing on the skin.



Picaridin (also known as Saltidin)

Piperine (a derivative of piperidine) is what gives pepper its pungent smell.

Picaridin both repels and deters insects. This means that insects move away from skin or clothing treated with Picaridin and do not feed if they encounter skin or clothing that has been treated. When applied correctly, Picaridin forms a vapor barrier at the skin surface that deters mosquitoes from landing on the skin.

Other products are available, but in our experience they are not as effective.

Health & Safety Key Messages

- Always carry a small pot of sun cream
- Keep hydrated, keep your water bottle clean
- Wear appropriate clothing and don't spend too long out in the sun
- Hand sanitise/wash hands frequently (beware of toilet handles / bank notes etc)
- Use only filtered or bottled water for brushing your teeth
- Mosquitos: anti-malarial tablets/spray and long sleeves especially in the evenings
- Avoid walking in long grass unless you have boots on (snakes/jiggers)
- Avoid picking up things from the ground/bush
- Don't touch the animals
- Safari – there are wild animals around, even around the hotel grounds
- Swimming pools have no life guard
- Limited working seat belts, be sensible when travelling
- Keep elbows / arms / heads inside the vehicle
- **No standing up while safari vehicle is moving**
- Keep valuables and money hidden (this is also cultural, it is considered rude to flash the cash!)
- Giving things out / being asked for things – always be aware that Ugandans have very little and you may have to be practiced at saying no.
- Take care around topics of conversation: religion, LGBTQ, politics
- Be a bit guarded talking to strangers, although Ugandans are super friendly

We are monitoring the current situation and hopeful that it is contained very soon.

Today the World Health Organization (WHO) said there are now seven cases of Ebola Sudan in Uganda's capital, Kampala, up from two a couple of days ago. The updated case numbers were presented during a WHO Information Network for Epidemics webinar, according to the infectious disease tracking forum [FluTrackers](#).

The index case-patient was a 32-year-old male nurse who developed symptoms on January 19. He died 10 days later, with tests confirming Ebola Sudan. The second patient in the outbreak is the nurse's wife. So far 298 contacts of the couple have been identified, with 7 confirmed cases. The WHO said there are two main clusters in the outbreak: a family cluster and a healthcare facility cluster. There are no further details on the healthcare facility cases, but the index patient visited a traditional healer and three separate health clinics before he died in Kampala.

Only the index patient has died, leaving the case-fatality rate (CFR) at 14.3%.

Uganda has launched a trial of a vaccine against the Sudan strain of the Ebola virus, following an outbreak in the country that has killed one person and infected two others.

The first patient, a 32-year-old male nurse, died last week.

On Monday, the initial participant in the trial, who is currently in isolation, received a dose of the vaccine, which was developed by the International Aids Vaccine Initiative, a global non-profit organisation.

There is currently no approved vaccine for the Sudan strain of Ebola. One does exist, however, for the Zaire strain, which has been prevalent in the past in the Democratic Republic of Congo.

It is transmitted through contact with infected bodily fluids and tissues.

Uganda is currently experiencing its sixth outbreak of the disease.

Forty contacts of the first victim of this outbreak will be vaccinated in this phase of the roll-out jointly conducted with the Ugandan authorities and the WHO, the UN agency said in a statement on Monday.

Uganda's health ministry has confirmed 234 contacts as listed for monitoring.

Home / News / Groundbreaking Ebola vaccination trial launches today in Uganda



**Groundbreaking Ebola
vaccination trial launches today
in Uganda**

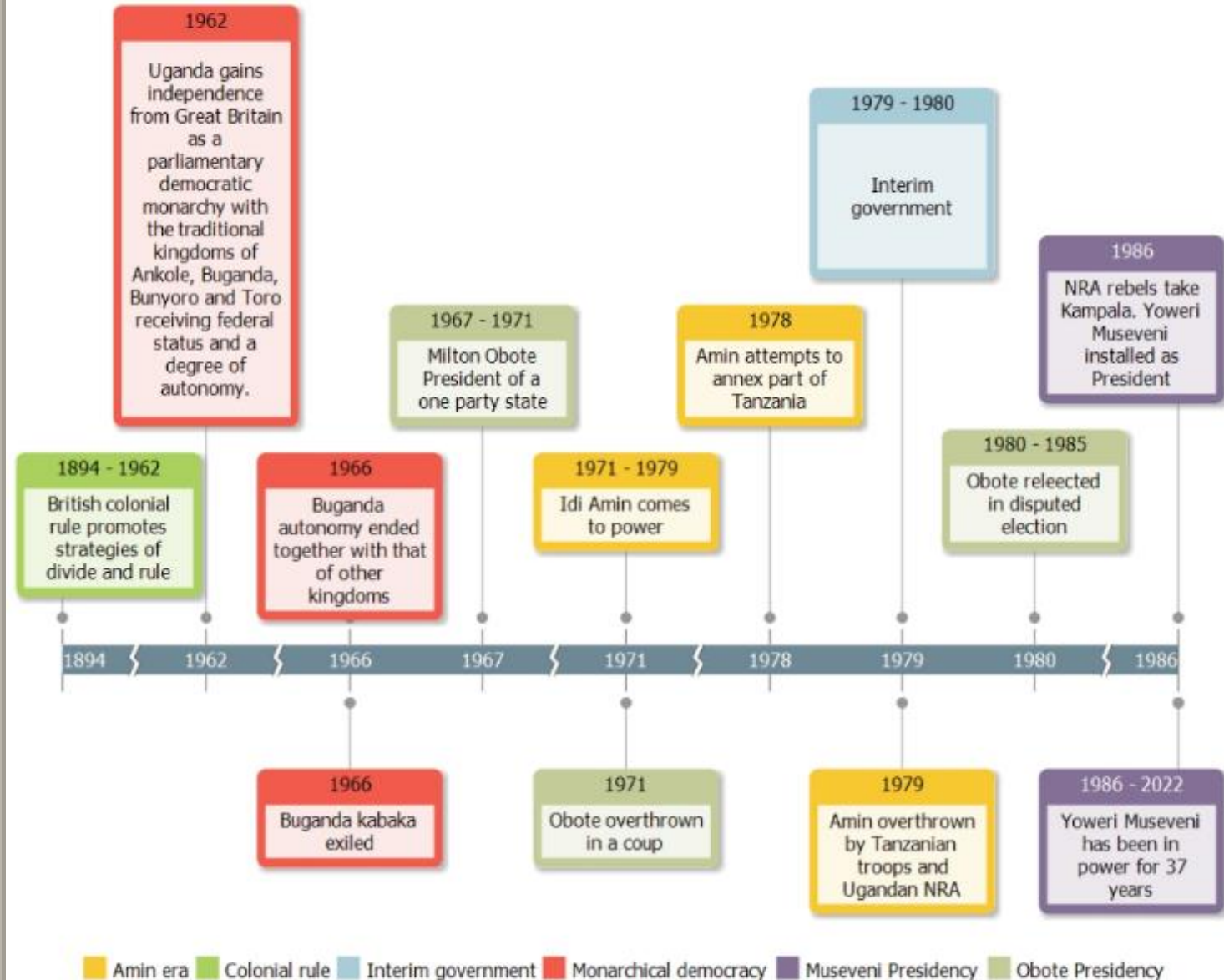
Politics in Uganda.

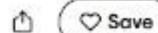
Uganda is essentially a police/army state, although there are elections there is a big divide between the older generation who remember Idi Amin (estimates suggest the dictator was responsible for up to 500,000 deaths in Uganda) and Museveni as a liberating war hero - and the younger generation who want an end to corruption and human rights violations. This can lead to riots/demonstrations in election years.

Don't take pictures of policemen/the military and it is polite to avoid political conversations.

We may get stopped by police at road checks – it is normal, fines are issued very regularly for all sorts of reasons!

Uganda political transitions 1894 - 1986





Kazinga Tours - Day Tours

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About

We are specialist in Day Tours in and around Kampala: Kampala City Tour, Birding around Kampala, Visit Mabamba Swamp and the Botanical Gardens and visit Ngamba Island, the Chimpanzee Island in Lake Victoria. Kazinga Tours also organizes private safaris and group tours to Uganda, Rwanda and Tanzania.

Revenue impacts the experiences for...

Similar Experiences



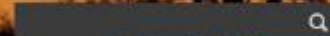
Kampala boda boda tours [motorbike tours].

40



Kampala City Guided

102



Uganda	Rwanda	Kenya	Tanzania	Our Specials	Highlights
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Welcome to Kazinga Tours

We are specialists in organizing trips to **East Africa:**

Uganda, Rwanda, Kenya and Tanzania.

Our aim is to give our clients the best African experience possible, based on each individual's special interest, time scale, budget and other requirements.

With a minimal impact on the environment and local communities.

Check out our website and take a look at our **Tours** or **Design a Tour Yourself**. It is also possible to book one of our **Group Tours** with guaranteed departures. We also arrange day trips to and around Kampala.



Uganda



72

Half-day Tours

Uganda, Rwanda, Kenya and Tanzania

The Pearl of Africa, Land of Thousand Hills, Land of Lakes and Land of Superlatives.

26

Bike Tours

Rwanda



Ugandans dress very smartly.



In cities, women can wear a calf-length skirt, though trousers are acceptable.

Local women in rural areas mostly wear ankle-length skirts or dresses, but again, foreign women can get away with calf-length skirts or trousers.

Ugandan men almost always wear long pants, and shorts generally are seen as only for schoolboys.

Dress codes

For travelling there (and back):

Loose comfortable trousers or leggings, Lander 4 Uganda t-shirt and hoodie – for easy identification in the airport. Students may want to change on the (Istanbul/Entebbe plane).

While we are in Entebbe:

Swimming costume (not bikini) for the hotel (be careful of chlorine levels)

Comfortable, practical clothing for the boat trip to the Chimp Sanctuary

Loose trousers/t-shirt or dress for shopping

Comfortable shoes

No tight leggings or short shorts

TAKE A HAT!

While we are in the schools:

Nothing above the knee

Old trainers/crocs

T-shirts/loose trousers

Something a bit smarter for church (long dress/trousers)

Vests are OK but should be wide-strap and worn with something else over the top if out of doors



THE RUBBER WELL

PERINIA
CORNWALL
SCHOOL
GAMES

Sturdy footwear

And Crocs!





Something suitable for church

Used clothing from the West is a big seller in East Africa. Uganda's leader wants a ban

The Owino Market in Uganda's capital has long been a go-to enclave for rich and poor people alike looking for affordable but quality-made used clothes, underscoring perceptions that Western fashion is superior to what is made at home

Despite the popularity, secondhand clothes are facing increasing pushback. Ugandan President Yoweri Museveni, a semi-authoritarian leader who has held power since 1986, declared in August that he was banning imports of used clothing, saying the items are coming “from dead people.”

“When a white person dies, they gather their clothes and send them to Africa,” Museveni said.

MPs want ban on used computers upheld

© May 15, 2014

THE Parliamentary committee on budgeting has asked Government to uphold the ban on the importation of used computers to stop the country from being used as a dumping ground



Museveni bans importation of buses

© Oct 11, 2020

More Luggage

Students will need to pack and leave behind!

They may get quizzed going through security

Baggage Allowance

Uganda – Turkish Airlines

Checked Baggage:

2 pieces (23kg/50lb each) (for as few of your clothes and as many donations as possible - we will help you pack).

Maximum dimensions*The length + width + height should not exceed 158cm (by piece)

Maximum weight: A single piece of checked-in baggage should weigh no more than 23kg (70lb)

In addition to the regular checked-in baggage allowance you may carry, you may also bring along **hand baggage** on board the cabin during your Turkish Airlines flight: **This is important – you need to maximise this.**

Economy Class customers are allowed to carry one piece of baggage, not to exceed **8kg (15lb)**

Baggage guidelines

Maximum dimensions for each piece of hand baggage are 23x40x55cm (20x15x10in)

In addition to your hand baggage allowance, you can also carry personal items such as one lady's handbag or one small briefcase; one coat, cape or blanket; one small camera or binoculars; limited reading material; duty-free items purchased on the day of your flight. **This personal item must not exceed 4kg in weight and 40x30x15 in dimension.**

Liquids and gels in hand baggage

You may carry liquids, gels, pastes and aerosols in containers up to 100ml. Your containers should be carried in a transparent, resealable, quart- or litre-sized bag no larger than 20x20cm (8x8in). Please ensure all items fit comfortably in the plastic bag.

Airport security will ask you to produce your transparent bag of liquids separately for screening. Consider packing all personal electronic devices that you do not intend to use in-flight into your check-in baggage.

Kit List

- **Staff take a lot of stuff so you don't need much**
- **Pack light**
- **We do get clothes washed for us, and we can hand wash on safari**
- **Packing Cubes really help**

Clothing:

- 4/5 T-shirts (including Uganda one)
- 2/3 pairs shorts/trousers
- Uganda hoodie (flight and evenings)
- 5 x underwear & socks
- Trainers/crocs
- Nightwear (cotton is best)
- Sliders/flip flops (safari)
- Swimwear (safari)
- Sun hat

5-4-3-2-1 PACKING METHOD: ADULTS



Our clothes are washed for us in schools, and we take washing powder sheets for handwashing

Suitable Hand Luggage

zon Fashion

NEW ARRIVALS

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MEN

KIDS & BABY

LUGGAGE

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EasyJet 45x36x20cm Cabin Suitcase: Light & Stylish

FLIGHT
EXPERT

15% off Limited time deal

£38²⁴ ~~£44.99~~ prime



Back to results



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Cabin Max 55x40x20 Travel Backpack, Travel Bag Men, Cabin Size Rucksack Cabin Backpack - Backpack for Travelling - Cabin Backpack Carry On Bag for Easyjet, Wizz Air and Ryanair Cabin Bags 55 x 40 x 20

4.6 5,984 | Search this page

50+ bought in past month

£34⁹⁵

prime

Colour Name: Atlantic Blue

- £34.95 prime
- 1 option from £39.95
- £34.95 prime
- £44.95 prime
- £44.95 prime
- £34.95 prime
- £34.95 prime

Product details

£34⁹⁵

prime

FREE delivery **Wednesday, 29 January**. Order within **22 hrs 33 mins**. [Details](#)

Deliver to nesta - Cardiff CF10 1

In stock

Quantity: 1

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Sold by Cabin Max UK
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EasyJet 45x36x20cm Cabin Suitcase: Light & Stylish

FLIGHT KNIGHT

15% off Limited time deal

£38²⁴ £44.99 ✓prime



Luggage & Travel Gear › Luggage › Carry-Ons



Roll over image to zoom in



Cabin Max Anode 55x40x20 Cabin Suitcase, Built in Lock, Lightweight Carry On, 8 Wheels, Wet Pocket, Suitable for Ryanair, Easyjet, Paid Hand Luggage Carry-Ons (55 x 40 x 20 cm 40l)

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£49⁹⁵

✓prime

Size Name: 55 x 40 x 20 cm

40 x 20 x 25 cm

40 x 30 x 20cm, 2 Wheel

45 x 36 x 20 cm

55 x 40 x 20 cm

56 x 45 x 25 cm

Colour Name: Tuscan Yellow



- **CARRY ON SUITCASE 55x40x20 cm:** Designed to meet the hand luggage requirements of most domestic and international airlines including Ryanair cabin bags 55 x 40 x 20 and EasyJet (as a 'paid' cabin suitcase).
- **FLIGHT APPROVED CABIN CASE:** Complies with the 55x40x20cm cabin luggage size for priority boarding on Ryanair flights and other airlines, including Air Asia, Air France, BA, Delta, Lufthansa, TUI, Emirates, KLM, Jet2, Volotea, Vueling, KLM, Iberia, Wizzair, Eurowings and more.
- **LIGHTWEIGHT & DURABLE CONSTRUCTION:** Crafted from premium, hard shell ABS material, this travel suitcase is designed to withstand the rigours of travel. Equipped with eight 360-degree easy-glide spinner wheels for smooth and effortless control.
- **ADVANCED FEATURES:** Includes a 3-step adjustable trolley system for comfortable manoeuvring. Durable 8mm coil zips ensure lasting reliability, while the integrated 3-digit built in combination lock provides secure storage for your belongings.

£49⁹⁵

✓prime

FREE delivery **Wednesday, 29 January**. Order within **21 hrs 27 mins**. [Details](#)

📍 Deliver to nesta - Cardiff CF10 1

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Quantity: 1

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 Payment Secure transaction
 ✓ See more







Add to List



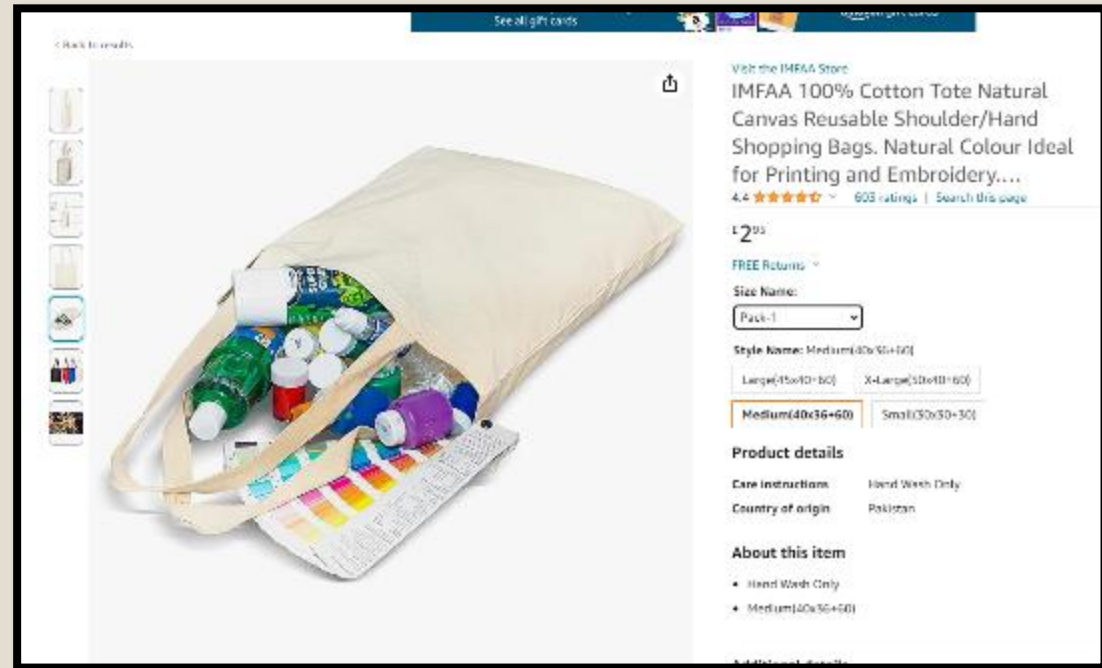
Be careful with sizing if choosing a hard carry-on, which are also heavier

IMPORTANT! – you also get a personal item..

Table for Types of Personal Items


Type of Personal Item	Symbol	Maximum Weight	Dimensions
Male/Female handbags		-	40x30x15 cm
Small video camera or camera		-	40x30x15 cm
Tablet, laptop		-	40x30x15 cm
Baby bassinet		-	Bag type max. 70x30 cm/Carriage type max. 40x40 cm)
Umbrella (except for those with sharp tip)		-	90 cm
Baby Care Bag		-	-

Up to 4kg's so we do need to use this!
Don't use a **second** backpack



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Black Cabin Flight Bag £18
★★★★ (4)

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4.4 ★★★★★ (31) | Search this page

£34⁹⁵

prime

FREE Returns


Size Name: 40 x 20 x 25cm

40 x 20 x 25cm | 40 x 30 x 20cm | 45 x 36 x 20cm

Colour Name: Navy

Roll over image to zoom in

Delivered
Order date: 17 Jan, 2025 · Order total: **£26.00** · Order number: 08-12595-36998



Delivered on Sat 25 Jan
Returns not accepted.

Women Tote Bag, Stylish Waterproof Nylon Ladies Shoulder Bag, Folding

Size: Large
Lining Colour: Blue


Leave Feedback

View seller's other items

More actions

Male/Female handbags		-	40x30x15 cm
----------------------	---	---	-------------

Luggage & Travel Gear | Passenger Bags



Anrolite 40x30x15 New and Improved 2023 British Airways, EasyJet, Virgin Atlantic, KLM Holdall, Cabin Luggage Under Seat Flight Bag, Black

£16⁹⁹

In stock

Quantity: 1


Add to Basket

Buy Now

Additional details

Small Business

4-star item to Consider



BagBase BG14 Retro Shoulder Bag in French Navy/White - Stylish & Functional Accessory

Brand: BagBase

4.5 ★★★★★ (14)

-6% £10⁷⁹

FREE delivery for Prime members

In stock

Quantity: 1

Add to Basket

Buy Now

Additional details

Small Business

4-star item to Consider

Packing cubes (or small bags to separate) are super useful.

And if possible something to keep clothes off the floor.

Luggage & Travel Gear > Accessories > Travel Accessories > Luggage Accessories > Packing Organisers



Amazon Basics Packing Cubes for Suitcases, Travel Organisers, Zipper, 4-Piece Set Bags, Small, Black

Visit the Amazon Basics Store
4.5 ★★★★★ (57,143) | Search this page

Amazon's Choice

100+ bought in past month

£17.07 (inc. VAT / each)

prime One-Day FREE Returns

Size Name: Small

2 Large and 2 Medium 2 Medium and 2 Large

Large/Medium/Small/Thin Small Medium Large

Size

Colour Name: Black

Black Blue Grey Green Red Teal

Luggage & Travel Gear > Accessories > Travel Accessories > Luggage Accessories > Packing Organisers



bagsmart Electronics Organizer Travel Organizer Pouch, Charger Organizer, Tech Organizer as Travel Accessory, Black

Visit the bagsmart Store
4.3 ★★★★★ (7 ratings) | Search this page

50+ bought in past month

£12.99


prime One-Day FREE Returns

Voucher: Apply 12% voucher Shop items > | Terms

Colour Name: Black

£12.99 prime £12.99 prime

Roll over image to zoom in



The Hanger Store Travel Hanging Closet, Wardrobe, Suitcase & Luggage Organiser

Visit the The Hanger Store Store
4.5 ★★★★★ (99)

£21.99

Room type	Closet
Number of shelves	3
Special feature	Durable
Age range (description)	Adult
Brand	The Hanger Store
Product care	Wipe with Dry Cloth

See more

Material	Plastic	Mounting type	Hanging
Shelf type	Hanging Shelf	Shape	Rectangular

About this item

- Place In Suitcase – Pack your clothes and accessories in travel closet and place straight into your suitcase (50cm/20" or larger). Perfect for a weekend away or business trip.
- Hang on Arrival – No need to unpack. Just remove from suitcase and hang travel closet on rail. Instant organisation and easy access to all your clothes in seconds.

Roll over image to zoom in



LIVEHITOP 3PC Toys Storage Hanging Mesh Basket Chest, Soft Teddy Hammock Collapsible Net 3 Tier Space Save Organizer Gifts for Children Cuddly Bedroom Tidy (Pink, Rose, Purple)

Visit the LIVEHITOP Store
4.2 ★★★★★ (2,108)

Amazon's Choice

50+ bought in past month

£11.99 (inc. VAT / each)

prime One-Day FREE Returns

Save 5% for every 3 items promo code: 8KHVMNMC | Terms

Shop items >

Save 5% on any 4 Qualifying items > | Terms

Colour Name: Pink, Rose, Purple

£11.99 (inc. VAT / each) FREE Delivery Tomorrow £11.99 (inc. VAT / each) FREE Delivery Tomorrow

Roll over image to zoom in

We are trying to use less plastic



Take tins, solid bars or share!

Links

https://www.amazon.co.uk/Cabin-Max-Backpack-Luggage-Classic/dp/B07X4HY2Z9/ref=sr_1_4?crd=28RQJ4RSY3A0X&dib=eyJ2IjojMSJ9Lm9vvdwAqsHKe-KnTrejXbifYpg6Dy8FbNiYFQHbxTWs1WvV7-yUMxVCycBKdreYv6tfwFCTuFtkDbEZxwbKj9iFdJUx474FhYX-b3_GxTxkPbKsPrjCV0tMp7PN1nJn5PvOMICqhb5HqWniYZXDPCcligOJtP98fEiulubBEWirFw9oZkJLYG1ybMSXQMapHNC4mC9dpp6FwbBmXYX0meClwwCKAuF5CcrhqpCt0DHvdqC4zZyInnJ_r6BkVlalo-bhACFY_JdgcB2OJ9jgBDWcMZwGoUo9FTMuQfZx8s.RZAoXZC5-RQN8_a6CkoOTJrDQSPrxgMHGaeFlx3yu0&dib_tag=se&keywords=cabin%2Bmax%2Bmetz%2B55%2Bx%2B40&qid=1709891574&sprefix=cabin%2Bmax%2Bmetz%2B55%2Bx%2B40%2Caps%2C97&sr=8-4&th=1

<https://www.dunelm.com/product/over-handle-travel-holdall-1000234761>

<https://www.amazon.co.uk/AmazonBasics-Packing-Cubes-Small-4-Piece/dp/B014VBHGNNM>

https://www.amazon.co.uk/gp/product/B09SV95SJ9/ref=ox_sc_act_title_4?smid=A2HOTL8920QZZR&psc=1

https://www.amazon.co.uk/Plastic-Free-pH-Balanced-Soap-Free-Sulphates-Parabens/dp/B08VBZW3LM/ref=sr_1_2?crd=3PXFEO4N59PW&dib=eyJ2IjojMSJ9Lm9vvdwAqsHKe-KnTrejXbifYpg6Dy8FbNiYFQHbxTWs1WvV7-yUMxVCycBKdreYv6tfwFCTuFtkDbEZxwbKj9iFdJUx474FhYX-b3_GxTxkPbKsPrjCV0tMp7PN1nJn5PvOMICqhb5HqWniYZXDPCcligOJtP98fEiulubBEWirFw9oZkJLYG1ybMSXQMapHNC4mC9dpp6FwbBmXYX0meClwwCKAuF5CcrhqpCt0DHvdqC4zZyInnJ_r6BkVlalo-bhACFY_JdgcB2OJ9jgBDWcMZwGoUo9FTMuQfZx8s.RZAoXZC5-RQN8_a6CkoOTJrDQSPrxgMHGaeFlx3yu0&dib_tag=se&keywords=foamy%2Bbar&qid=1708448968&s=beauty&sprefix=foamy%2Bbar%2Cbeauty%2C104&sr=1-2&th=1

https://www.amazon.co.uk/FOAMIE-Travel-Buddy-Removable-Sustainable/dp/B084V87WL5/ref=pd_bxgy_img_d_sccl_2/257-0084778-9929835?pd_rd_w=lgPJ6&content-id=amzn1.sym.1234e617-5ce3-423f-9567-f417d384cef8&pf_rd_p=1234e617-5ce3-423f-9567-f417d384cef8&pf_rd_r=V5NYV9AFJFKTDQ9YJWC6&pd_rd_wg=Yeukd&pd_rd_r=b18723f8-ae7b-43aa-8f13-8791e8be5a4b&pd_rd_i=B084V87WL5&th=1

https://www.amazon.co.uk/Plastic-Free-Soap-Free-Sulphates-Sustainably-Environmentally/dp/B08VC75PJJN/ref=pd_bxgy_img_d_sccl_2/257-0084778-9929835?pd_rd_w=qcLda&content-id=amzn1.sym.1234e617-5ce3-423f-9567-f417d384cef8&pf_rd_p=1234e617-5ce3-423f-9567-f417d384cef8&pf_rd_r=ESQTM810JD4Y0JTQ7VRF&pd_rd_wg=E8BD0&pd_rd_r=f78b211d-2261-4755-978b-fd4e03f34a9d&pd_rd_i=B08VC75PJJN&th=1

https://www.amazon.co.uk/MoZZipatch-Anti-Mosquito-Patches/dp/B093Z4Y96W/ref=cm_cr_arp_d_product_top?ie=UTF8

Individual Packing

Other items:

- Anti-malaria tablets (we recommend malarone)
- Day bag / rucksack / bum bag (for carrying money)
- Wash bag (sensible amount)
 - Soap / shower gel
 - Toothbrush / toothpaste
 - Shampoo / conditioner
 - Deodorant (roll-on)
- Hand sanitiser
- Wet wipes
- Sanitary items
- Ear plugs / eye mask
- Sun cream
- Lip balm
- Vaseline
- Specific medication (eg: inhalers)

- Sunglasses
- Beach towel (thin or small)
- Mosquito repellent
- Head torch
- Sturdy water bottle (named)
- Cheap camera / mobile phone

Hand luggage must include:

- A few days' anti-malarial tablets
- Any other specific medication (agreed with the school)
- 2 days' additional clothing (including underwear)
- All liquids / liquid medication under 100ml
- RLS hoodie

In my hand luggage

2023

In my main luggage

Clothes:

5 pairs trousers
3 dresses
1 jumpsuit
1 skirt
5 t-shirts/tops
1 shirt
1 pair pyjamas
6 pairs pants
6 pairs socks
2 pairs shoes

Safari Clothes:

1 pair shorts
1 vest top
1 cover-up
2 swimsuits

Liquids:

1 SPF 50 face cream
1 Mini sun cream
1 mini shower gel
1 mini toothpaste
1 hand cream
1 Small pot Vaseline
1 lip balm

Other:

Washbag
Fold up bag
Small towel
Flannel
Wipes
Hat

Still to put in:

Electronics
(chargers/cables)
Water bottle

Liquids:

1 refill bottle shower gel
1 roll-on deodorant
1 smidge

Other:

Storage boxes

Still to put in:

Sunscreen large bottle
Electronics
(laptop)
Spare water bottle

Current weight: ??g Limit: 8kg

Current weight: ??kg Limit: 23kg

In my hand luggage

2024

In my main luggage

Clothes:

4 pairs trousers
2 dresses
1 jumpsuit
1 skirt
4 t-shirts/tops
2 shirts
1 t-shirt dress
(sleeping)
6 pairs pants
6 pairs socks
2 pairs shoes

Other:

Washbag
Fold up bag
Small towel
Flannel
Wipes
Hat

Liquids:

1 SPF 50 face cream
1 mini shower gel
1 bottle dry wash
1 mini toothpaste
1 hand cream
1 Small pot Vaseline
1 bottle facial spritz
1 spray almond oil
1 concealer
1 BB cream
1 mascara
1 lip balm

Current weight: 6.8kg
Limit: 7kg

Clothes:

1 pair shorts
1 shirt
1 top
1 cover-up
1 dress
2 swimsuits

Still to put in:

Sunscreen
Electronics
(laptop)

Current weight: 6.8kg
Limit: 23kg

Liquids:

1 refill bottle shower
gel
1 roll-on deodorant
1 body butter
1 smidge

Other:

Storage boxes
1 towel
Shampoo/
Conditioner bars
Flannel
wipes

In my hand luggage

Clothes:

3 pairs trousers
2 dresses
1 skirt
6 t-shirts/tops
2 shirts
1 nightdress
5 cotton vests
7 pairs socks
1 tankini swimsuit

Other:

Hanging Organiser
Turkish towel
Washbag
Solid deodorant
Cross body & Fold up bag
Flannel
Toothbrush
Wipes
Hat
2 pairs shoes
Storage bits

2025

In my personal bag

Liquids bag
Electronics organiser
1 pair baggy leggings
1 t-shirt
1 shirt
1 pair socks
sunglasses
hat

Liquids Bag:

1 SPF 50 face cream
2 mini shower gel
1 toothpaste
1 Small pot Vaseline
1 50 spf facial spritz
1 spray almond oil
(moisturiser)
1 tinted mosturiser
1 lip balm

Current weight: 8kg Limit: 8kg
Personal Bag up to 4kgs

In my main luggage

Liquids:

1 refill bottle shower gel
1 smidge

Other:

Storage boxes
Shampoo/Conditioner bars
Sliders
Flip flops for safari

Still to put in:

Underwear
Solid shampoo
Large Sunscreen
Laptop (needs to go in personal bag)
Spare Water bottle

Current weight: Maybe 2kg?
Limit: 23kg

Things to Donate

Colouring pencils

Pens

Arts and craft supplies

Baby/Children's Clothes

Cloth/reusable nappies

Good quality adult formal clothing (shirts/long dresses)

Watches

Anything which might make a nice gift

Sports equipment

Early Reading books

Colouring books

Educational posters

Blow up globes

Stickers

Suitcases:

Donations of large suitcases can be brought in any time, we will be packing with your child TWO WEEKS BEFORE WE LEAVE at the latest so we will need to have arranged either donation or home suitcases by then. EARLIER WOULD BE BETTER – suitcases can of course be returned after the trip.

Leaving Day drop off

Because we are leaving in the middle of the night, as much luggage as possible and ideally spending money and medication should be dropped off at school the Friday before (Friday 27th June) for weighing and recording.

Drop off at school between 00:00 and 00:30 – students and parents should come up the main reception of the building where staff will be based:

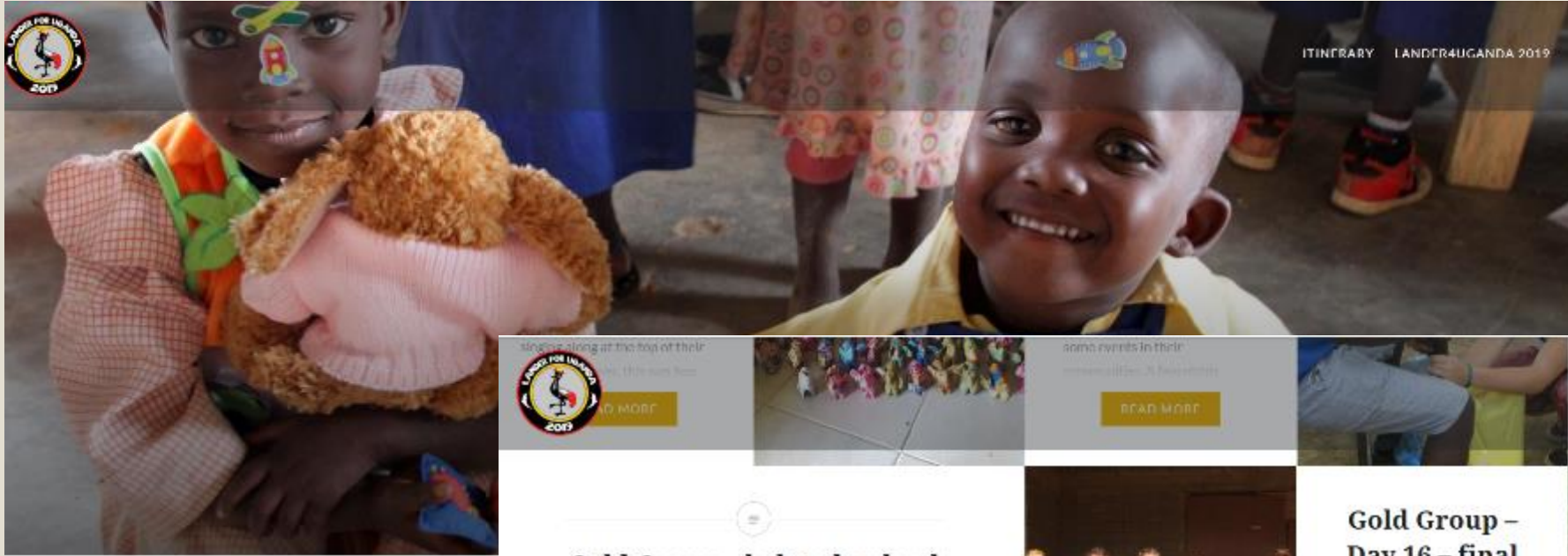
- Hand luggage not left at school will be checked and weighed and loaded onto the coach.
- **New this year – because of previous issues with laptops in hold luggage, we need to leave 2ks for a laptop in each personal bag**
- Any cash not needed for the journey '*Banked*'
- Any last medication checks

We aim to leave at 1am - parents of course are welcome to wave us off; travel time will be around 5 hours and we will stop once. **Please could students bring either food for the journey, or money to buy some.**

We hope to arrive at Heathrow Airport around 6am. Our Turkish Airlines flight (TK1980) leaves Heathrow at 11:25.

We arrive in Istanbul at 1705. Flight TK612 leaves Istanbul at 18:50 to arrive in Entebbe at 0315 😊.

Keeping in touch



Red & Gold Team – Safari Day 22, 23, & 24

Gold Group – belated upload of halfway highlights

Here are some of the highlights of the trip from the Gold group students and staff: I am giving donations and seeing their faces. Taking the welcome dance at Jalesi Lile, meeting the first school!

[READ MORE](#)



Gold Group – Day 16 – final day of work!

Yet another wonderful day in Uganda! As has become tradition, we woke up to "Hotel California" as our alarm clock - I think we're all a little bit hungover now!

[READ MORE](#)



Gold Group – day 15 – primary school visits and Buwama

We started the day off with a meal at the Buwama school and then...

[READ MORE](#)

Gold Group – Day 14 – more painting and digging....and rain!

On the 14th day of our work in...



Red Team Day 15 – Bukomansimbi & Masaka Market

Bukomansimbi Market in...



Red Team Day 14 – Working and Teaching Lessons

Work Today we continued our work at Kamuzinda, making bricks to use for our...



We really don't want students to have these

The screenshot shows the Maya Uganda eSIM website. The header includes the Maya logo, navigation links for 'Travel eSIM', 'For Business', 'How it Works', 'Coverage', 'Explore', and 'Help', along with a currency selector for 'GBP' and a 'Log In' button. The main heading is 'Uganda eSIM Plans' with a sub-headline: 'Enjoy fast and reliable internet in Uganda, with no contracts and no roaming fees.' Below this, there are features listed: 'Instant Activation Online', 'Fast 5G Data', and compatibility with 'iPhone + Android'. A Trustpilot rating of 4.6 from 7,854 reviews is also displayed. The central image shows three smartphones: one with the Maya logo, one with a map, and one with an iOS home screen. Below the image is the section 'Uganda eSIM Plans & Pricing' with filters for 'Wi-Fi Hotspot', 'Instant Activation', 'Fast Internet', and 'Optional Auto-Renew'. Three plan cards are visible: 'Uganda eSIM 1 GB' (1 Gigabyte), 'Uganda eSIM 3 GB' (3 Gigabytes), and 'Uganda eSIM 5 GB' (5 Gigabytes). Each card has a link to 'eSIM Specifications'.

We will have them though..

Money:

We are insured up to £1000 cash per person

In order to make sure students money is secure staff will collect in student money not needed for the journey and open a bank balance in the bank book.

All staff will then carry any UK Stirling in money belts and convert into UGX when we get there.

There is a maximum limit of cash we can take out of the UK and into Uganda so the recommended amount for students is around £150 spending money for gifts and snacks in Uganda (they can bring less) and £30 for food on the journey to and from the airport.

Students can make 'bank' withdrawals each day from the designated staff member.

Street food is very cheap in Uganda (between 5p and 50p) but western items such as biscuits, Pringles and sweets can be very expensive (a milkshake at the Safari lodge costs around £5)

Supermarket prices in Uganda are fixed – but everything else is negotiable!

You will likely be charged around double the minimum price someone would be prepared to accept at a market, especially tourist craft ones.



Valuables:

Many Ugandans think all foreigners are rich.

Just the fact that we have the money to fly to Uganda in the first place makes us richer than many Ugandans could ever hope to be.

We are insured for phones/valuables however:

Be aware that Ugandans are very polite and handle cash very discreetly (rolled up in the palm of their hand).

The school children that we visit may have meat as part of a meal two or three times a year, and will have a soda once a year probably at Christmas.

It isn't fair to put very poor young people around electronics and valuables that they would never normally have access to, so we don't allow Ugandan children in bedrooms.

The internet regularly gets turned off in Uganda 😊

£150 is much more than 99% of Ugandans earn in a month – the average wage of a working Ugandan is around £30 - £40 per month

1% of Working Ugandans earn above Shs1M - BoU

Friday, May 13, 2022



Nearly 50 percent of the 22.8 million working Ugandans earn less than Shs150,000, according to Bank of Uganda Financial Capability Survey. PHOTO | file

PROSPER PRIME

60% of Ugandans earn Shs200,000 per month

Tuesday, December 06, 2022

American International Group UK Limited

SPECIALTY MARKETS

Group Policy Schedule (Renewal)

Group Policy Wording Applicable – AHSU0787 (Council Policy Wording 0822) AUG22

American International Group UK Limited		Policy Number: 0010628311	
Group policyholder	A. Cornwall Council B. Participating establishments		
Address:	New County Hall, Truro, Cornwall, TR1 3AY		
Period of insurance:			Premium & Insurance Premium Tax (IPT) @ 12.00%
start date of cover:	7 October 2024	And for any subsequent period for which a premium is paid and accepted.	Premium £ 950.00
To:	6 October 2025		IPT £ 114.00
Renewal Date:	7 October 2025		Total £ 1,064.00
			Calculated in accordance with rates agreed between American International Group UK Limited and the group policyholder and paid to American International Group UK Limited by the group policyholder .
any one accident limit	£ 10,000,000		
scheduled aircraft accumulation limit	£ 5,000,000		
non-scheduled aircraft accumulation limit	£ 5,000,000		
Silver Plan	Operative		

Fundraising!

Last year we raised around £36,000 with a team of 66 students (an average of £545 per student) with this we almost finished the school hall, started a girls dormitory and replaced toilets.

This year we have 49 students – so we are aiming for £27,000 or more!

- In-school fundraising raises around £8,000
(sleepover/doughnuts/second hand uniform/non-school uniform day)
- We try to do one additional sponsored event to get us to £10,000

This is not enough for the stuff we need to do!

How you can help:

- **Take a £50 card! If everyone does the £50 card we raise another £3,300**
- **Plan your own fundraising - This very often doubles our fundraising total!**

Examples!

Sennen:

https://www.justgiving.com/crowdfunding/zehra-jiwa?fbclid=IwZXh0bgNhZW0CMTEAAR2WIZhJRcKXlos6LgH3zMEqv5CEV3CfFSR-BVxHwqUDYYoL9AxPppAbSnU_aem_AY1w2-ar2mOkxwggalqHa-v-tvswhY4xz3jj3ivXrvZuPq5-MCCVi5jwA8xCEFuGeMJA9kfyzMvbLKY8zdRsKm9Y

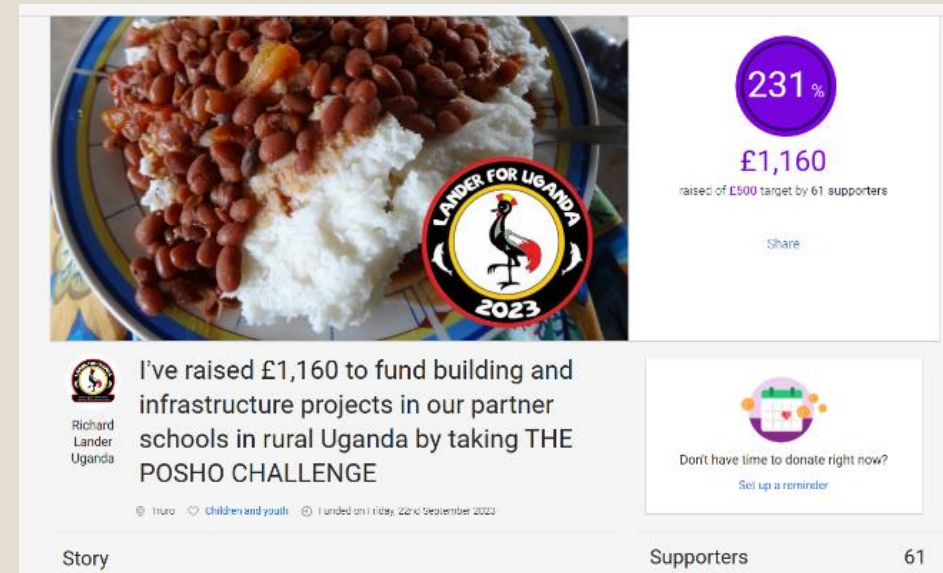
RLS Staff team:

https://www.justgiving.com/crowdfunding/RLSCornish3Peaks?utm_term=NwyG5xP6y




161 %
£1,210
raised of £750 target by 71 supporters
Share

 I've raised £1,210 to Support school projects in Uganda ug
Abigail Ludlow



231 %
£1,160
raised of £500 target by 61 supporters
Share

 I've raised £1,160 to fund building and infrastructure projects in our partner schools in rural Uganda by taking THE POSHO CHALLENGE
Richard Lander Uganda

Story

Supporters 61

Examples!

Lander to Uganda by Bike or Foot in 40 Days



This team of girls have taken on the challenge to clock up over 4000 miles between them in 40 days. They will be <https://www.gofundme.com/cycling-to-uganda-in-40-days>

Ruby and Mischa - Devoran to Portreath Run

These 2 Year 11s are going to fit in a sponsored run alongside their revision this half term! <https://gofund.me/ad22c242>

Lander4Uganda



Cycling to Uganda in 40 days!



Charlie Sisson is organising this fundraiser.

Lander4Uganda



£1,650 raised

£1.5K target · 49 donations



Share

Donate now

- Rachel Blake
£20 · 4 mos
- toby slade
£50 · 5 mos
- Anonymous
£25 · 5 mos
- Robert Atkinson
£100 · 5 mos

£515 raised

£500 target · 24 donations



Share

Donate now

- Catriona O'Connor
£15 · 6 mos
- Richard Way
£20 · 6 mos
- Anonymous
£10 · 6 mos

What we need from students/parents now:

- **Organise vaccinations and hand in Yellow Fever booklet to school**
- **Check passports and hand in if it won't be used before July – or after it needs to be used, we need to apply for Visas after Easter.**
- **Think about Fundraising – the school do as much as we can, but we need students to help**
- **Start collecting things to wear, good quality second-hand is always best**
- **Try to find some large or extra large suitcases – students will get these back or they can be donated, everyone needs two!**